



# County Kildare Social Inclusion Week

Kildare Public Participation Network, in collaboration with the County Kildare LEADER Partnership, is delighted to announce the launch of Social Inclusion Week 2024. Taking place from September 23rd to 27th, this annual event, now in its eighth year, continues to promote the invaluable work of local organisations active throughout County Kildare.

## EVENT GUIDE

### Monday 23rd September

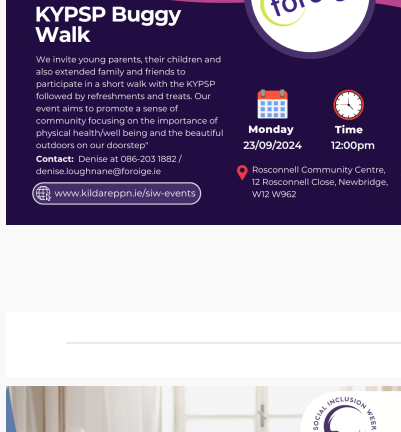


#### Community Arts & Crafts Exhibition (*Opening Event*)

with KARE and Newbridge Access Disability Group

**Time:** 10:00am - 1:00pm **Location:** Newbridge Town Hall

All community Groups and individuals are invited to browse the creative talent the local community has to offer, celebrate our creative neighbours and take the opportunity to have a chat and a cup of tea. Our guest speaker for the day will be podcaster, presenter and mental health advocate Keith Walsh.



#### KYPSB Buggy Walk

with Kildare Young Parents Support Project (Feroige)

**Time:** 12:00pm **Location:** Rosconnell Community Centre, Newbridge, W12 W962

We invite young parents, their children and also extended family and friends to participate in a short walk with the KYPSB followed by refreshments and treats. Our event aims to promote a sense of community focusing on the importance of physical health/well being and the beautiful outdoors on our doorstep.  
**Contact Denise Loughane on 0862031882**

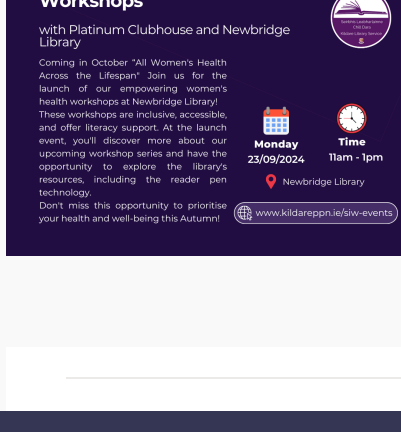


#### Know your Community - Newbridge Active Retirement Group

with County Kildare LEADER Partnership

**Time:** 2:30pm - 4:00pm **Location:** 37, Hawkfield, Newbridge, Co. Kildare, W12 Y611

Gathering organisations with information for older members of the community in relation to wellbeing and the changing world we live in.  
**Contact: paul@countykildarelp.ie or Sabrina 0860414223 / sabrina@countykildarelp.ie**



#### Launch of All Women's Health Across the Lifespan Workshops

with Platinum Clubhouse and Newbridge Library

**Time:** 11:00am - 1:00pm **Location:** Newbridge Library

Coming in October "All Women's Health Across the Lifespan" Join us for the launch of our empowering women's health workshops at Newbridge Library! These workshops are inclusive, accessible, and offer literacy support. At the launch event, you'll discover more about our upcoming workshop series and have the opportunity to explore the library's resources, including the reader pen technology. Don't miss this opportunity to prioritise your health and well-being this Autumn!

### Tuesday 24th September



#### Information session on the International Protection System in Ireland

with Kildare County Council, UNHCR and JRS Ireland

**Time:** 10:00am **Location:** Solas Bhríde Centre, Tully Road, Kildare Town, R51Y281

This event is open to voluntary and community organisations, family resource centres, disability organisations and groups, addiction services, and other community services and service providers working with new communities in county Kildare. This is an opportunity to learn about the asylum process in Ireland. The session will provide information and equip participants to work more effectively with people who fall under the UNHCR mandate.  
**Registration link to follow shortly**



#### "Mind Yourself" Adult Literacy Workshops

with County Kildare LEADER Partnership and Kildare Library Service

**Time:** 10:00am - 12:00pm **Location:** Celbridge Library St Patrick's Park, Celbridge, Kildare  
Join County Kildare LEADER Partnership and Kildare Library Service in a relaxed, informal setting that encourages open discussion and learning around 3 key areas: Minding Your Mind: Health literacy (mental and emotional health) Minding Your Money: Financial literacy Minding Your Maths: Numerical literacy  
**Contact Stefanie at stefanie@countykildarelp.ie**



#### Chat n Chew

with Irish Red Cross (Kildare Area) and Kildare Public Participation Network

**Time:** 10:45am **Location:** Naas Library and Intercultural Centre, Main Street, Naas

We look forward to meeting with members of the Ukrainian community at this event which we are hosting as part of social inclusion week. This event is aimed at the senior members of the community (over 60yrs), as we aim to welcome new members of our community in an informal setting over a cuppa. **All Welcome.**  
**For more information, contact P.J on 086-8719388**



#### Intercultural and Anti-Racism Workshop

with Kildare PPN and the Immigrant Council of Ireland

**Time:** 11:00am **Location:** Naas Library and Intercultural Centre, Main Street, Naas

This is an interactive workshop facilitated by Kensika Monshengwo from the Immigrant Council of Ireland, where participants will be invited to reflect on their own position in society and their role in the intergroup power dynamics. The workshop is a safe and non-judgmental platform where attendees are welcomed to share their conclusions and ask questions. **Topics covered include:**

- Culture and cultural perceptions;
- Unconscious biases;
- Prejudice, discrimination and exclusion;
- Racism and anti-racism;
- How to support victims or racism and discrimination;
- Power and privilege;
- Diversity and anti-racism vocabulary and concepts;
- Equality Legislation and Public Sector Duty.

[Register here](#)



#### Drug & Alcohol Information Session for Parents /Guardians

with Feroige

**Time:** 6:30pm - 7:30pm **Location:** Rosconnell Community Centre, Newbridge, W12 W962

This brief information session will explore drug and alcohol use among young people and its impact. It aims to support parents in having effective conversations with their teenagers about these topics, followed by a Q&A session.  
**Contact: Darren on 086-136 7597 or darren.shanahan@feroige.ie**



#### Restorative Practice Community of Practice

**Time:** 4:00pm - 5:30pm **Location:** Newbridge College

A community of practice event for restorative practice trainers in organisations across Kildare.  
**Email ycarey@newbridge-college.ie to register.**

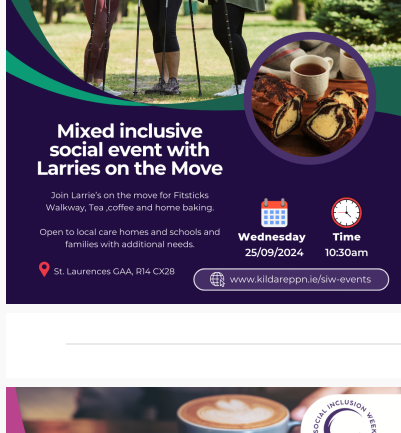
### Wednesday 25th September



#### "Mind Yourself" Adult Literacy Workshops

with County Kildare LEADER Partnership and Kildare Library Service

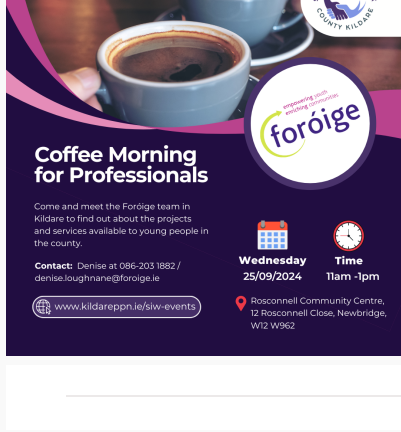
**Time:** 10:00am - 12:00pm **Location:** Athy Library Convent Lane, Athy  
Join County Kildare LEADER Partnership and Kildare Library Service in a relaxed, informal setting that encourages open discussion and learning around 3 key areas: Minding Your Mind: Health literacy (mental and emotional health) Minding Your Money: Financial literacy Minding Your Maths: Numerical literacy  
**Contact Sabrina at sabrina@countykildarelp.ie**



#### Mixed Inclusive Social Event with Larries on the Move

**Time:** 10:30am **Location:** St. Laurence's GAA

Join Larrie's on the move for Fitticks Walkway, Tea ,coffee and home baking. Open to local care homes and schools and families with additional needs.



#### Coffee Morning for Professionals

with Feroige

**Time:** 11:00am - 1:00pm **Location:** Rosconnell Community Centre, Newbridge, W12 W962  
Come and meet the Feroige team in Kildare to find out about the projects and services available to young people in the county.  
**Contact: Denise at 086-203 1882 / denise.loughane@feroige.ie**



#### Badminton for All

with Ryston Badminton Club

**Time:** 7:00pm - 10:00pm **Location:** Ryston Sports & Social Club, Athgarvan Road, Newbridge, W12 XT65

Community Open event to celebrate diversity and showcase Badminton as an inclusive sport for all.  
• Fun and games for all ages  
• Exhibition games with badminton Ireland  
• Music and refreshments



#### Coaching Autistic/Neurodivergent Children

with Celbridge GAA

**Time:** 7:30pm - 9:00pm **Location:** Celbridge GAA Clubhouse

This session will provide tips and strategies to coaches and parents of Autistic/Neurodivergent children involved in sport.  
**Contact Lorraine: 087 6257563**

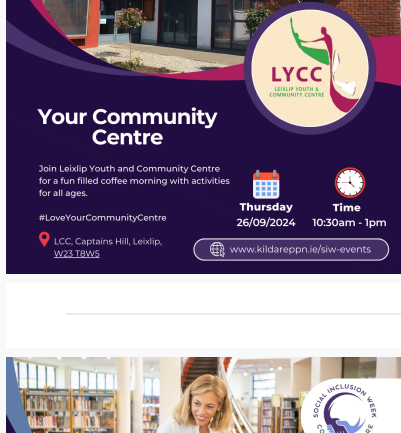


#### Autism Acceptance and Community Inclusion

with Maynooth Autism Friendly Town and AsIAm

**Time:** 7:30pm - 9:00pm **Location:** Maynooth Community College, W23 P2R0  
Maynooth Autism Friendly Town and AsIAm are hosting an information evening for the public to highlight the work that is being done in Maynooth. They will be highlighting the barriers that the autistic community face in society and how Maynooth, Ireland's 2nd Autism Friendly Town in Ireland are overcoming those barriers working together as a community to promote inclusion and making Maynooth an even better place for all.

### Thursday 26th September



#### "Your Community Centre"

with Leixlip Youth and Community Centre

**Time:** 10:30am - 1:00pm **Location:** Leixlip Youth and Community Centre, Captains Hill

Fun filled coffee morning with activities for all ages. All Welcome.



#### "Mind Yourself" Adult Literacy Workshops

with County Kildare LEADER Partnership and Kildare Library Service

**Time:** 11:00am - 1:00pm **Location:** Kildare Town Library, Claregate Street  
Join County Kildare LEADER Partnership and Kildare Library Service in a relaxed, informal setting that encourages open discussion and learning around 3 key areas: Minding Your Mind: Health literacy (mental and emotional health) Minding Your Money: Financial literacy Minding Your Maths: Numerical literacy  
**Register by emailing Paul at paul@countykildarelp.ie**



#### No Chance To Be Bored When There's Board Games Around!

with Griese Youth Theatre

**Time:** 11:00am - 1:00pm **Location:** The Meeting House, Ballitore, Athy, Kildare R14 A212  
Join Griese Youth Theatre for some board games and jigsaws whatever your age. Test your brain power over a cuppa!  
**Contact 0852021884 or grieseyouththeatre99@gmail.com to register your attendance.**

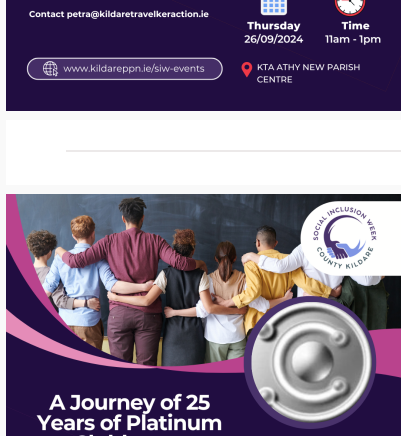


#### Opening Doors

with Kildare Traveller Action

**Time:** 11:00am - 1:00pm **Location:** KTA Athy New Parish Centre

The official opening of an outreach and training room for Kildare Traveller Action along with 1 am Traveller' Photographic exhibition  
**To register, contact petra@kildaretravelleraction.ie**



#### A Journey of 25 Years of Platinum Clubhouse

**Time:** 12:00pm - 2:00pm **Location:** Platinum Clubhouse Newbridge Industrial Estate, Newbridge  
Established in 1999 we celebrate our rich 25 year history. Come to our open day where we open the archive and history of our journey in providing a mental health recovery space in the heart of Newbridge. Light refreshments served.  
**Register by emailing: platinumclubhouse@eve.ie**



#### Kildare Dementia Café

with Older Voices Kildare

**Time:** 2:30am - 4:30pm **Location:** CKPL, Meadow Rd, Tully East, Kildare, R51 RF88  
The Dementia Café is a support for people who are living with dementia and their families and friends. It provides an opportunity for people to share experiences and get reliable information on dementia care and supports.  
**Contact Susan at 087-1149175 or oldervoiceskildare@countykildarelp.ie**

### Friday 27th September



#### More Than That

**Time:** 10:30am - 4:30pm **Location:** Naas Library and Cultural Centre

Wellbeing Warrior Challenge with Substance Use Regional Forum (SURF)  
**Step, Breathe, & Stretch**  
Mindfulness, Breathwork, Yoga, Pilates, Journaling



#### Official Opening of the new Newbridge Family Resource Centre Building (*Closing Event*)

**Time:** 11:00am **Location:** Newbridge Family Resource Centre

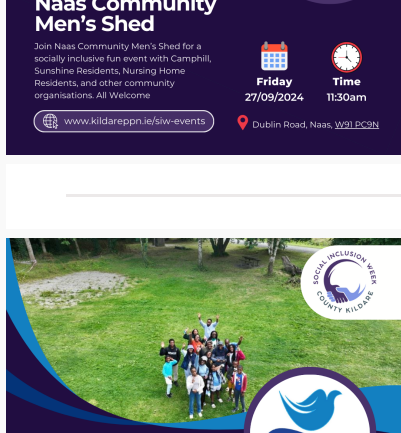
Join Newbridge Family Resource Centre for the official opening of their new building.  
**All Welcome.**



#### Music and Food with Naas Community Men's Shed

**Time:** 11:30am **Location:** Naas Men's Shed, Dublin Road, Naas

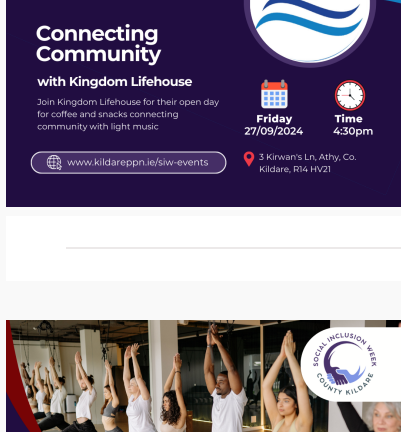
Join Naas Community Men's Shed for a socially inclusive fun event with Camphill, Sunshine Residents, Nursing Home Residents, and other community organisations.  
**All Welcome.**



#### Connecting Community

with Kingdom Life House

**Time:** 4:30pm **Location:** Kingdom Life House, Kirwans Lane, Athy  
Join Kingdom Life House for their open day for coffee and snacks connecting community with light music.



#### Yoga and Meditation for Parents of Children with Additional Needs

with Older Voices Kildare

**Time:** 7:30pm - 8:30pm **Location:** Celbridge GAA  
Join Celbridge GAA Club for a Yoga and Meditation session for parents/carers of children with additional needs, along with Tea, coffee and a chat after. Please bring a Yoga mat if you have one.  
**Contact Lorraine 087 6257563 to register**

